

## WASP Meeting Minutes

10/12/2021

The following people were present at the meeting: Mindi Garrett, Marte Birnbaum, Debbie Tall

- Brief introductions were made while waiting to see about other attendees.
- Marte Birnbaum is the Clinical Director at Pathways. She has been clean and sober for 29 years. OMPP work and Family Wellness are concentrated on at Pathways.
- Chelsea Biel is the OMPP Coordinator for the Department of Health. OMPP needs volunteers to deliver Provider Guides to go to pharmacists who are throughout our county. Chelsea will develop a distribution schedule. There is also a NARCAN flyer that can be distributed.
- Chelsea and Mindi are working on a needs assessment. The last one was done in 2013 which did not cover marijuana and vaping products.
- Chelsea works with listening sessions. Marte works with listening sessions and takes part in town halls.
- Listening sessions last 45 minutes and announcements are made about them at PTA meetings.
- Listening sessions for youth ages 12 to 20 are held and the sessions last about an hour and a half with 25 participants in the session that are split into two groups. Approval is needed for paperwork, subject material, alcohol survey, and social media.

### Strategies

- Train the trainer sessions are held by Jasmine who conducts the training for people who can provide instruction about Narcan training. The next training will take place next Tuesday at 10 am and it will last 45 minutes.
- On the fourth Monday of each month at 1:00 pm and 5:00 pm Narcan training is offered.
- Compliance Checks are done and Tom Middleton works with those checks. The last ones were done in August and 6 out of 10 of the businesses which were checked in West County failed. Marsella is seeing if she can offer training to the businesses.
- Mindi can do TIPS (Training Intervention & Procedures) training. Responsible beverage service is discussed with restaurants, bars, and liquor stores. Usually the managers of these facilities attend the training. It is hoped that all employees will be trained.
  - Some of the restaurants were surveyed and they felt that they didn't need training. Two restaurants in Annapolis took the TIPS & NARCAN training.
- Red Ribbon Week
  - Northern Lights is doing a weeklong event at Northeast High School. Two to three speakers each day during the students' free time. The SADD chapters are worked with at each of the schools that have those chapters.
  - There are toolkits made for the SADD Chapters. DEA, MADD, Department of Health, and the Police Department are all working together to address substance misuse.
  - Ribbons, stickers, and prevention bracelets are available for distribution.
  - WASP has materials from the DEA. Need contacts at Meade High School and Arundel High.
  - Materials get distributed to the SADD chapters.
- Prevention Blog – [PreventSubstanceMisuse.org](http://PreventSubstanceMisuse.org).

Blog is 1.5 years old. Some information that gets included on the blog is: OPIOID data update, National Nite Out; people in recovery; what is bothering people at the time; social media and mental health. Chronological order can be reversed for blog materials. A brief guideline of a blog is available. Bullets for it are the best.

- WASP and South County has instagrams.
- The WASP page needs updating. Agendas will be posted. Minutes should be sent to Mindi.
- WASP mail list – still having meetings.
- Prevention Leadership meetings are held for all coalition leaders.
- Mindi will send a copy of a Provider Guide and a NARCAN flyer.

NEXT MEETING: Tuesday, November 9, 2021