



Annapolis Substance Abuse Prevention

September 15th, 2020 | Meeting Agenda

Meeting Objectives – *Strengthen Youth Engagement*

- 1. Welcome and Introductions-** Angel Traynor
- 2. Introduction of New OMPP Coordinator, Chelsea Neil-** Mindi Garrett
- 3. 2019 Youth Risk Behavior Survey (YRBS)-** Kayla Spiegel
- 4. Youth Engagement & Finding the Youth Voice**
 - a. Utilize existing programs-STEM and Character Counts
 - b. Social Media
 - c. SADD Chapter Involvement
- 5. Blog Posts-** Mindi Garrett
 - a. October Ideas- Red Ribbon Campaign
- 6. TIPS Update-** Kayla Spiegel
- 7. Coalition Survey Reminder-** Kayla Spiegel
 - a. Access via mailchimp
- 8. Upcoming Events-** All Coalition Members
- 9. Closing Thoughts-** Angel Traynor

Next ASAP Meeting

Tuesday | October 20th, 2020 | 12:00 pm – 1:30 pm
Via Zoom

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September 15th 2020 Meeting Notes

Welcome and Introductions- Angel Traynor

Introduction of New OMPP Coordinator, Chelsea Neil- Mindi Garrett

2019 Youth Risk Behavior Survey (YRBS)- Kayla Speigel

-Shared substance misuse related results for Maryland

- Discussion about results- interesting connections between vaping and tobacco use
- Discussion about the rise of Overdose deaths in Annapolis YTD- 55% increase
- possible resources Annapolis.gov OD FREE, OEM website
- OIT team
- Future presentation of stats
- binge drinking definition potentially changing

Youth Engagement & Finding the Youth Voice

- Utilize existing programs-STEM and Character Counts
- Social Media
- SADD Chapter Involvement

Taking ideas and putting together solid strategies for youth engagement. Contact for SADD chapters.

- Importance of youth feeling a 'sense of community' and how to define 'fitting in'
- Commercial about bullying
- Positive opportunities for youth to replace idle time and good use of screen time/devices
- Moving forward with consistent communication to keep youth involved
- Connecting with the faith based community
- Video game recruitment

APD updates

- New licensed addictions counselor focused on child education piece
- Kevin Krauss podcast

Blog Posts- Mindi Garrett

- October Ideas- Red Ribbon Campaign
- Idea for a 'youth of the month' themed blog post
 - Any ideas welcome loosely related to prevention

TIPS Update- Kayla Speigel

- **Debrief of virtual TIPS training in August**
- **Session planned for September 24th at Fed House in Annapolis**

Coalition Survey Reminder- Kayla Speigel

e. Access via mailchimp

Upcoming Events- All Coalition Members

Recovery walk

October 17th Grow Home

October- Red Ribbon campaign

Attendees:

Darin Ford

Angel Traynor

Kayla Speigel

Mindi Garrett

Caitlin Hall

Kathy Hollerbach

Denise Williams

Katie Wargo

Nicole Vaden

Patti Norris

Ryan Chamberlain

Chelsea Neil