

Marijuana: Facts About Use and Perceptions

More Anne Arundel County youth reported marijuana use (17.5%) in the last 30 days than cigarette use (6%). (Maryland Youth Risk Behavior Survey, 2018)

Marijuana is addictive, but dependence is treatable.

Those under age 18 have an increased risk of developing marijuana use disorder or addiction. Nearly 4 million people had this disorder in 2016, yet only 30,000 received treatment.

FACT

Overdose is possible. High levels of THC can lead to dehydration, vomiting and psychotic episodes requiring emergency room attention.

FACT

Stronger and more potent. THC, the active ingredient, is found in increasingly higher and more dangerous levels.

31% of high school students reported ever using.

FACT

Irritates the lungs. Coughing, lung infections and other respiratory problems are a result of smoking marijuana.

FACT

Affects memory and brain development. Areas of the brain responsible for learning, decision-making, emotions and reaction time are compromised.

68% of people feel driving a car under the influence is unsafe.

FACT

Long-term side effects. Mental health effects include severe depression, suicidal thoughts, lung cancer and impaired brain development in teens.

FACT

Edibles are dangerous. Since digesting edibles takes longer to feel the effects, greater quantities may making overdose more likely.

Most common uses are for anxiety, recreation and pain.



Adolescent and Family Services: 410-222-6725

Treatment Referral Line: 410-222-0117

**Systems Training Education and
Prevention Services: 410-222-6724**

**facebook.com/aahealth
twitter.com/aac_recovery**



System Training Education and Prevention Services (STEPS)
122 Langley Road North, Suite A, Glen Burnie, Maryland 21060
410-222-6724

Reducing drug and alcohol misuse among young people in the county through public health information and education. STEPS provides evidence-based programs to increase awareness of the risks.

Annapolis Substance Abuse Prevention Coalition (ASAP)

Facilitating healthy community change to reduce alcohol and drug use through locally lead collaborations and evidence-based prevention strategies.

443-837-5892 asap@prevents substancem misuse.org [facebook.com/AnnapolisSubstanceAbusePrevention](https://www.facebook.com/AnnapolisSubstanceAbusePrevention)

Northern Lights Against Substance Abuse Coalition (NLASA)

Uniting community to reduce alcohol and drug misuse through collaborative efforts. Evidence-based strategies are used when serving Brooklyn Park, Curtis Bay, Glen Burnie and Pasadena.

410-349-7128 nlasa@prevents substancem misuse.org [facebook.com/NorthernLightsCoalition](https://www.facebook.com/NorthernLightsCoalition)

South County Bridges to a Drug Free Community

Improving pathways for the community, preventing substance misuse, increasing awareness, education and promoting individual neighborhoods' social, economic, spiritual and emotional healing process.

443-351-7989 soco@prevents substancem misuse.org [facebook.com/SoCoBridges](https://www.facebook.com/SoCoBridges)

Western Anne Arundel Substance Abuse Prevention Coalition (WASP)

Establishing a safe and informed community free of underage drinking and the misuse of alcohol and other drugs in Ft. Meade, Hanover, Jessup, Laurel and Severn.

443-351-7989 wasp@prevents substancem misuse.org [facebook.com/WASPCoalition](https://www.facebook.com/WASPCoalition)

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