

# Annapolis Substance Abuse Prevention (ASAP) Coalition

Meeting Minutes  
August 15, 2017

## Opening

The regular meeting of the Annapolis Substance Abuse Prevention (ASAP) Coalition was called to order at 12:00 pm on August 15, 2017 at the Annapolis Police Department by ASAP coalition members.

## Present

Total: 18 Attendees

## Approval of Agenda

The agenda was unanimously approved as distributed.

*\*Meeting Agenda Attached*

## Approval of Minutes

All attendee's approval of May Coalition Meeting.

## Meeting Discussion

### 12:00 – 12:10pm: Welcome/Introductions & Announcements

Each member stated their name and affiliated organization/sector. (Due to unexpected lack of time, presenters introduced themselves before speaking)

### 12:10 – 12:35 pm: Defining a Healthy Community

**Healthy Communities are based on the following principles: Health is a state of complete physical, mental and social well-being. Social, environmental and economic factors are important determinants of human health and are inter-related.** (FROM INTERNET)

### Previous month, July's Healthy Community Activity

On Index cards – members were asked to write the following:

Side 1: I think \_\_\_\_\_ is part of a healthy community.

Side 2: I joined ASAP because \_\_\_\_\_.

Once members were finished, they shared while a member recorded responses.

We analyzed the similarities and differences between all the responses.

1<sup>st</sup> Side Results: Communication, education, collaboration, mentorship, unity, involvement, partnership, compassion, and awareness of resources.

2<sup>nd</sup> Side Results: Wanted to help find a solution, to be an Advocate, Carry Prevention Messaging (Awareness), Because I was told to, Because I see the impact of drugs and alcohol every day, wanted to make a difference, No New Users, Wanted to Help

Second part of our Healthy Community Activity from previous monthly meeting. Members were asked to share their description of what a healthy community is. This is an important discussion regarding our coalition because we are currently trying to build capacity. To build capacity, we must figure out what our definition of a healthy community is and the different ways we can build the capacity to make the social change to a healthier community.

## **Feedback from ASAP members:**

Collaborations with community organizations such as our faith based organizations. Our faith based organizations currently are coming to the same conclusions and trying to basically do the same as the coalition is.

Policy change is going to be a very important factor to gain a healthier community. I think policy change needs to be the long-term focus. (good example was smoking or seat belts. They were all changed through social media campaigns and ultimately policy change)

Being supportive of one another. Those that are struggling should know that they have support and that there are resources.

There needs to be society change regarding the stigma of addiction and a person suffering from the disease of addiction. We need more community members and someone with a big impact on our society (celebrity/public figure) who will get behind this to help with change.

It needs to be a continued conversation. Suggestion from a friend who records people's recovery stories to help change the stigma and shares with public.

We need to reach out more to the youth and get them involved. At National Night Out, we met quite a few youth community members who showed great interest in our coalition and helping to change what is happening in their world. They need to be involved in all this. We also need to listen to them and treat them more as a resource into that world, rather than an object.

If we have the conversations, we need to have the consistency. If we have the conversation and stop, it'll die out and therefore change will not be attainable. We need to prevent from becoming stagnant.

Drug Programs with youth need to focus on substance abuse, mental health, and need to be consistent. The youth needs a safe place to go and can express themselves and address any issues that they may have. We also need this in place for our adults. Employees should also have a safe place to go with their current struggles rather than fear of being fired.

From a business stand point, what could we do differently? How can we help employees face their active addiction rather than fire them? Educating employers/businesses on how they can help any employees facing the disease of addiction.

A present suggestion today would be to provide a help line that anyone could call if they just need someone to talk to. Red House has someone who is available by phone always. I think getting that information out for individuals would be a huge help.

The Anne Arundel County Board of Ed is currently creating a 3<sup>rd</sup> to 5<sup>th</sup> grade curriculum to bring in substance abuse education! Pathways is also right now in the middle and high schools in their health classes and assemblies. We also have SADD who works closely with youth.

The Annapolis Police Department also works closely with children. They do speak to the children about medications and drugs.

All these different strategies are how we can change behavior. We need to focus on these things already in place in becoming more consistent.

\* Becoming more involved with these organizations would also be helpful.

We talked about the "WHAT?", but let's focus more on the "HOW?"

### **12:35 – 12:40pm: Social Media**

Facebook/Twitter/Instagram

(We ask that you please share with family, friends, social media, co-workers, and within our community!)

### **Prevention Website**

[www.preventsubstanceabuse.org](http://www.preventsubstanceabuse.org) – Website is new and updated. Please take the time to explore all the different tabs and refer people to the site!

**ASAP has a new email!!** [ASAP@preventsubstanceabuse.org](mailto:ASAP@preventsubstanceabuse.org) (Notice that all email reminders are going straight to your inbox)

### **12:40 – 1:10 PM: Capacity Building**

Previous month, July's Capacity Building Activity

Members were asked to write down on 5 things we can do or 5 people we can bring to the next coalition meeting.

Members shared what they wrote what they wrote down as suggestions they could do or we could do to help build capacity.

One member hasn't found out about ASAP until this meeting. Asked how she found out and she mentioned SADD Meeting

#### **Some Suggestions were:**

Develop One Pager to give to Timmeke to include in Juvenile exit papers for parents, Youth Street Teams, invite more sectors, Revisiting people who used to attend, but no longer attend. (Reach Out), More Diversity, Media Exposure, more posts on Social Media, Driver Education Schools, Invite Liquor Establishments that were Awarded, More Business Owners, Evening Meetings

**Facebook LIVE** - ASAP Coalition does a LIVE Facebook Feed. Discussed doing a LIVE Facebook feed monthly with various topics of what the coalition is currently focusing on such as underage drinking, binge drinking, and the OMPP.

**Evening Meetings** – We are currently discussing hosting an evening meeting to increase capacity for our coalition. We haven't set a schedule yet for the evening meeting. We're trying to reach our youth and the more of our parents/families

**Outreach Committee** – Passed around an Outreach Committee Sign Up Sheet. Outreach Committee would come to community events and help run our event table and reaching out to get community members and youth to join our coalition and come to the next ASAP meeting.

### **1:10 – 1:25pm: Updates**

#### **MSPF 2**

Moving Forward: Award letter has been delayed and we are still anticipating receiving that. MSPF 2 start date is July 1, 2017. Once we receive the award letter, ASAP will need to develop a Needs Assessment using a work book provided by the state.

#### **OMPP**

#### **National Night Out**

**“Breaking the Silence” 9/13**

**Back to School Nights**

### **1:25 – 1:30 PM: Closing Thoughts**

## Upcoming Events

### Other Anne Arundel County Coalition Meetings

<b>Northern Lights Against Substance Abuse (NLASA)</b>	<b>Western Anne Arundel County Prevention Coalition (WASP)</b>	<b>South County Bridges to a Drug Free Community</b>
September 8, 2017   12-1:30 pm	September 5, 2017   6:30-8:30pm	September 1, 2017   12-1:30 pm
Eastern District Police Station	Kingdom Kafe	Southern District Police Station
204 Pasadena Road Pasadena, MD 21113	1350 Blair Drive Odenton, MD 21113	35 Stepneys Lane Edgewater, MD 21037
Lunch Served	Light Snack	Lunch Served

### Not My Child

Wednesday | August 16, 2017 | Odenton Regional Library | 6:30 pm  
Wednesday | August 23, 2017 | Severna Park Library | 6:30 pm  
Wednesday | September 6, 2017 | Riviera Beach Library | 6:30 pm  
Thursday | September 21, 2017 | Southern District PCRC | 7:00 pm  
Tuesday | September 26, 2017 | Glen Burnie Church of the Nazarene | 7:00 pm  
Wednesday | September 27, 2017 | Broadneck High School | 5:30 pm  
Thursday | October 5, 2017 | Southern Middle School | 7:00 pm  
Wednesday | October 11, 2017 | St. Elizabeth Ann Seton Church | 7:00 pm

### Community Events

**Pumphrey Day Celebration | August 5, 2017 | Lloyd Keaser Community Center | 10:00-2:00 pm**  
Sponsor: Taxpayers Improvement Association – Patapsco Park, Location: 5757 Belle Grove Rd, Brooklyn, MD,  
Contact: Heather Eshleman.

**Strengthening Families Program Facilitator Training | St. Philip's Episcopal Church**  
**August 23, 2017 | 9:00-3:00 pm | August 24, 2017 | 9:00-4:00 pm**  
Free | Light Breakfast and Lunch Included | 730 Bestgate Road, Annapolis, MD 21401  
Contact: Darin Ford: [hdford88@aacounty.org](mailto:hdford88@aacounty.org) | 410-222-6724

**International Overdose Awareness Day | August 31, 2017 | Arundel Christian Church | 6:45 pm**  
Address: 710 Aquahart Road, Glen Burnie, MD 21061

**Weeping Mothers "Homage to Their Legacy" | September 9, 2017 | Knights of Pythias | 12:00-6:00 pm**  
A fundraiser for children that have lost a parent due to violence or tragedy. Contact: Tanya 410-570-0599.

**Breaking the Silence | September 13, 2017 | The Byzantium | 9:00 – 12:00 pm**

Sponsor: County Executive Steve Schuh and Mayor Mike Pantelides. Program: An Opioid Addiction Workshop. Address: 2747 Riva Road, Annapolis, MD 21041

**Recovery Walk | September 23, 2017 | Stanton Center | Registration: 11:00 AM/Walk: 12:00 PM**

Address: 92 West Washington Street, Annapolis, MD 21401

The next **ASAP COALITION MEETING** is on **September 19, 2017** at 12:00 PM – 1:30 PM at the Annapolis Police Department in the Education & Training Room. Address: 199 Taylor Avenue, Annapolis, MD 21401.

\*There is EXTRA parking in the parking garage to the left of the APD building.

**Adjournment**

Meeting was adjourned at 1:30PM by ASAP coalition members.

Minutes submitted by: Izelle Van Zuylen

ASAP

# **A.S.A.P Coalition**

(Annapolis Substance Abuse Prevention)

## **Meeting Agenda**

**August 15, 2017**

Annapolis Substance Abuse Prevention (ASAP) facilitates healthy community change to reduce alcohol and opioid use among youth and young adults through locally led collaborations and evidence-based prevention strategies.

- 1. Welcome/Introductions - Jerry Sutton, ASAP Chair**
- 2. Healthy Community – Sheryl Menendez**
- 3. Social Media – Izelle Van Zuylen**
- 4. Capacity Building – Jerry Sutton**
  - a. **Evening Meetings – Quarterly**
  - b. **Flyer Delivery Team**
  - c. **Community Street Team**
- 5. Updates - Angel Traynor**
  - a. **MSPF 2 Update – Heather Eshleman**
  - b. **OMPP – Caitlin Hall/Kesha Brooks**
  - c. **National Night Out**
  - d. **“Breaking the Silence” 9/13**
  - e. **Back To School Nights**
- 6. Closing Thoughts – Jerry Sutton**

### **Next ASAP Meeting**

Tuesday | September 19, 2017 | 12 - 1:30 pm  
Annapolis Police Department | Training & Education Room  
199 Taylor Avenue, Annapolis, MD 21403  
(Light Lunch will be served)